

FOREVER FILMS
BY OUD

THE WEDDING CAMERA CONFIDENCE GUIDE

*The simple guide to feeling relaxed,
looking natural and creating timeless
wedding photos & films.*

FOREVER FILMS BY OUD

Everlasting memories, beautifully told.

EVERY COUPLE SAYS THE SAME THING.

WE HEAR IT ALL THE TIME.

"We're so awkward in front of the camera."

"We don't know how to pose."

"We're not photogenic."

"We're worried we'll look stiff."

And then something funny happens.

A few weeks after the wedding, those same couples receive their gallery and film and say exactly the same thing.

“ *I can't believe
that's us.* ”

HERE'S WHAT WE'VE LEARNED



The couples who look
the most natural
aren't models.



They don't practise
in front of mirrors.



They aren't naturally
confident in front of
a camera.

THEY SIMPLY STOP THINKING ABOUT THE CAMERA.

The best wedding photos aren't created by perfect poses.
They're created when two people are completely
present with each other.

That's exactly what this guide is designed to help you do.



THE REAL SECRET TO BEAUTIFUL WEDDING IMAGERY

It's not the camera.

It's how you feel in the moment.

When you feel relaxed, connected and present,
that's when the magic happens.

The most breathtaking photos come from
real moments, not perfect poses.

THIS GUIDE WILL HELP YOU



Feel confident
in front of the camera.



Connect with
your partner.



Create timeless photos
you'll treasure forever.

♥ REMEMBER

*You don't need to be models.
You just need to be you.*



“
*we are normally
so awkward on camera
but you made us feel
so comfortable in
the moment!*
”

HOW TO LOOK NATURAL ON CAMERA.

*You don't need to know what to do.
You just need to feel like you.*

These simple tips will help you relax,
be present and enjoy your day while we
capture the beautiful in-between.



01 FORGET THE CAMERA

Focus on each other,
not the lens.



02 SLOW EVERYTHING DOWN

Walk slower. Hold hugs longer.
Pause before the kiss.



03 KEEP MOVING

Movement always feels natural.
Standing still feels posed.



04 TRUST YOUR TEAM

We'll guide you every step
of the way. You just enjoy
the moment.



05 BE PRESENT

Perfection isn't memorable.
Connection is.



DIRECTOR'S NOTE

*If you ever catch yourself wondering
"What do I do now?"*

Take one breath.

Look at your partner.

The rest usually takes care of itself.



THE DIP.

The Timeless Kiss.

*One of the most
iconic wedding moments.*

Romantic, cinematic
and full of emotion.



CREATE THE MOMENT



WHY YOU'LL LOVE IT

It's romantic, effortless
and creates beautiful
movement. The kind of
frame you'll treasure forever.



PARTNER LEADING

- ✓ Stand with one foot slightly behind the other.
- ✓ Place one hand firmly around your partner's mid-back.
- ✓ Hold your partner confidently.
- ✓ Guide the dip slowly.



PARTNER BEING DIPPED

- ✓ Relax your shoulders.
- ✓ Trust the movement.
- ✓ Let your left arm fall freely with your bouquet.
- ✓ Keep your neck long.



FINISH

- ✓ Pause.
- ✓ Smile.
- ✓ Then kiss.
- ✓ Hold it for 2–3 seconds before coming back up.



DIRECTOR'S NOTE

*The best photo usually isn't the kiss.
It's the laugh or smile immediately afterwards.*

*Stay there.
Enjoy it.*

THE SIDE LEAN.

*Effortless. Intimate.
Unforgettable.*

A pose that radiates connection and creates beautiful, natural moments.

Close, candid and full of emotion.



CREATE THE MOMENT



WHY YOU'LL LOVE IT

It's intimate, effortless and creates natural connection. The kind of frame you'll treasure forever.



PARTNER LEADING

- ✓ Stand close, slightly angled toward your partner.
- ✓ Place one hand around your partner's waist or lower back.
- ✓ Gently guide the lean by bringing them towards you.



PARTNER BEING LEANED

- ✓ Lean into your partner, keeping your body relaxed.
- ✓ Place one hand on their shoulder, chest or neck.
- ✓ Let your outside arm fall naturally with your bouquet.
- ✓ Smile, laugh and stay in the moment.



FINISH

- ✓ Pause.
- ✓ Look at each other.
- ✓ Laugh or whisper something.
- ✓ Hold it for 2-3 seconds before moving.



DIRECTOR'S NOTE

*The best frames happen between poses.
Keep talking, laughing and moving together.*

Connection creates the magic.

THE TWIRL.

Movement Creates Magic.

Nothing creates joy on camera quite like genuine movement.



WHY YOU'LL LOVE IT

The Twirl brings your dress to life, creates natural laughter and gives you something to focus on besides the camera.

It never feels forced.



CREATE THE MOMENT



PARTNER LEADING

- ✓ Hold one hand.
- ✓ Lift it high enough so your partner doesn't duck.
- ✓ Stay mostly still.
- ✓ Guide the movement slowly.



PARTNER TWIRLING

- ✓ Walk through the turn.
- ✓ Don't spin on the spot.
- ✓ Keep your shoulders relaxed.
- ✓ Let your dress move naturally.



FINISH

- ✓ Walk straight back into each other.
- ✓ Don't stop.
- ✓ That reunion creates the most genuine smiles.



DIRECTOR'S NOTE

*Everyone spins too quickly.
Half speed always looks twice as good.*

THE WALK.

Connection in Every Step.

Walking together creates natural conversation, genuine connection and beautiful in-between moments.



WHY YOU'LL LOVE IT

The Walk gives you time to breathe, talk and be together while creating effortless, storytelling moments. It feels real because it is real.



CREATE THE MOMENT



START TOGETHER

- ✓ Stand close together.
- ✓ Decide who's on the outside (towards the view or open space).
- ✓ Take a deep breath together.
- ✓ Start walking slowly.



NATURAL CONVERSATION

- ✓ Talk about something real and light.
- ✓ Ask each other questions.
- ✓ Listen and react.
- ✓ Let the conversation flow naturally.



THE PATH

- ✓ Follow the natural environment.
- ✓ Walk towards/away slowly.
- ✓ Don't rush.
- ✓ Enjoy the moment together.



THE MOMENT

- ✓ Look at each other.
- ✓ Laugh.
- ✓ Squeeze hands.
- ✓ Be present.
- ✓ I'll capture the in-between magic.



DIRECTOR'S NOTE

The best moments happen when you forget I'm even there. Walk, talk and enjoy each other.

Real connection always looks better than perfect posing.

THE LOOK.

The Gaze That Says Everything.

The most powerful photos come from how you look at each other, not the camera.



WHY YOU'LL LOVE IT

When you focus on each other, everything else disappears. It creates intimacy, emotion and images that feel effortless and unforgettable.



CREATE THE MOMENT



EYE CONTACT

- ✓ Look into each other's eyes.
- ✓ Hold the gaze for a moment.
- ✓ Soften your expression.
- ✓ Let it be quiet.



SMILE & REACT

- ✓ Let your partner make you smile.
- ✓ React to each other, not the camera.
- ✓ Laugh, connect, be in the moment.



GET CLOSE

- ✓ Step in close.
- ✓ Foreheads together or nose to nose.
- ✓ This creates intimacy and connection.



FORGET THE CAMERA

- ✓ The camera is just observing.
- ✓ Focus on how they make you feel.
- ✓ Everything else takes care of itself.



DIRECTOR'S NOTE

When you look at each other, magic happens. Forget the camera exists and be in your moment.

THE SLOW DANCE.

Why you'll love it:
Connection in motion.
Nothing else matters.

This is where everything slows down. The room fades away and it's just the two of you. It's intimate, real and creates some of the most emotional images of the day.



DIRECTOR'S NOTE

The most powerful images happen when you stop thinking and just feel.



CREATE THE MOMENT



LEADER

- ✓ Place one hand on your partner's waist or lower back.
- ✓ Lead with your body and move slowly.



PARTNER

- ✓ Rest your hands on their shoulder or around their neck.
- ✓ Relax into the moment and stay close.



TOGETHER

- ✓ Move slow. Breathe.
- ✓ Stay in each other's space.
- ✓ Sway slowly side to side, mirroring each other.
- ✓ Let the music and emotion guide you.



THE MOMENT

- ✓ Let the moment unfold.
- ✓ Don't overthink.
- ✓ There's no rush.
- ✓ Enjoy every second.



DIRECTOR'S NOTE

The best photos happen when you forget I'm even there. Just focus on each other and I'll take care of the rest.

THE KISS.

The Classic for a Reason.

A kiss captures love in its most honest form.
It's timeless, emotional and always unforgettable.



WHY YOU'LL LOVE IT

The Kiss is the moment everyone remembers.
It's pure connection, real emotion and the perfect way to tell your story.



CREATE THE MOMENT



THE BUILD UP

- ✓ Look into each other's eyes.
- ✓ Smile, laugh or whisper something.
- ✓ Lean in slowly.
- ✓ Let the moment happen naturally.



THE KISS

- ✓ Keep it soft and natural.
- ✓ Don't overthink it.
- ✓ A gentle kiss always photographs best.
- ✓ Breathe and relax.



AFTER THE KISS

- ✓ Don't pull away immediately.
- ✓ Stay close.
- ✓ Foreheads together or noses to noses.
- ✓ Let the emotion linger.



THE MAGIC

- ✓ Be in the moment.
- ✓ Let go of everything else.
- ✓ This is your story.
- ✓ I'll capture it beautifully.



DIRECTOR'S NOTE

*The best kisses are the ones you forget I'm even there for.
When it feels natural, it looks timeless.*

WEDDING DAY CONFIDENCE CHECKLIST.

*Simple things that make
a huge difference.*



Eat breakfast.

Fuel your body, steady your energy.



Drink water.

Keep hydrated and feel your best.



Build buffer time.

Give yourself room to breathe.



Put your phone away.

Be fully present in the moment.



Stay together.

You're each other's calm.



Slow everything down.

Slow moments create the best images.



Trust your photographer.

We're here to guide and capture.



Be present.

Soak in every second.



Laugh often.

It's the fastest way to feel natural.



Enjoy every second.

This day goes by in a blink.



*You don't need to remember every pose.
Just remember how you want the day to feel.*



THE FOREVER FILMS DIFFERENCE.

*We don't just document weddings.
We create an experience where
you can be completely present.*



YOU BE YOURSELVES

We guide, not pose.
You relax, we capture.



CONNECTION OVER POSES

The moments that matter
happen naturally.



TIMELESS STORYTELLING

Honest, cinematic films and
imagery that never go out of style.



DISCREET & INTENTIONAL

We blend in so you can be
fully present in every moment.



CRAFTED WITH CARE

Thoughtful details. Beautiful
edits. Memories to last forever.



LET'S TELL YOUR STORY BEAUTIFULLY.



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See real love stories.



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Learn more about our approach.

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